



# Express Dance Challenge

ANYTHING IS  
POSSIBLE

JUDGES  
INVITATIONAL

NATIONAL CHAMPIONSHIPS

ENTRY PACK

2025



# **RULES & ENTRIES**

## **CLOSED ONCE FULL CAPACITY HAS BEEN REACHED**



### **CHAMPIONSHIP RULES OF ENTRY**



**COMPETITORS CAN ONLY ENTER SECTIONS THEY HAVE QUALIFIED FOR BY SCORING OVER 175 IN AN EXPRESS REGIONAL QUALIFIER COMP IN 2025.**

**IF A VOCALIST QUALIFIED IN A EXPRESS REGIONAL COMPETITION IN 2025, THEY CAN ENTER ULTIMATE VOCALIST.**

**DANCERS ENTERING INTO ULTIMATE DANCER MUST ENTER & COMPETE IN 3 SOLOS IN THE JUDGES INVITATIONAL CHAMPIONSHIP IN WHICH THEY HAVE QUALIFIED FOR IN A EXPRESS REGIONAL COMPETITION**

**EXPRESS DANCE CHALLENGE CHAMPIONSHIP WILL BE A UNCLASSIFIED EVENT (NO NOVICE/OPEN SECTIONS WILL BE DIVIDED)**

**EACH REGIONAL COMPETITION WILL BE ALLOCATED AN CERTAIN AMOUNT OF ENTRIES INTO CHAMPIONSHIPS TO LEAVE ROOM FOR REMAINING REGIONAL COMPETITIONS. ONCE AT CAPACITY FOR THE ALLOCATED ENTRIES, ALL REMAINING ENTRANTS WILL BE PLACED ON A WAITLIST UNTIL AFTER THE LAST REGIONAL. IF THERE IS AVAILABILITY AFTER THAT DATE THEN WE WILL INVITE THOSE ON THE WAITLIST IN ORDER OF ENTRY.**

**ENTRIES FOR CHAMPIONSHIPS WILL OPEN 1 WEEK AFTER THE FINAL DAY OF THAT REGIONAL COMP. BE SURE TO GET YOUR ENTRIES IN QUICK.**

### **CHAMPIONSHIP OVERALL AWARDS**

**TOP 10 SOLOISTS WILL BE AWARDED FOR EACH AGE GROUP.**

**TOP 3 DUO/TRIO/QUARTETS WILL BE AWARDED FOR EACH AGE GROUP.**

**HIGHEST SCORING TROUPE**

**ULTIMATE DANCERS**

**ULTIMATE VOCALISTS**

**ULTIMATE PERFORMER (HIGHEST SCORING ROUTINE OF THE COMPETITION) DURING THE EVENT CASH PRIZES WILL BE AWARDED ALONG WITH TROPHIES, MEDALS, SASHES, TIARAS & CERTIFICATES**



# OUR GENERAL COMPETITION RULES WILL REMAIN THE SAME FOR ALL OUR COMPS AND CHAMPIONSHIPS

## GENERAL INFORMATION

Venue: Emmanuel College – Success WA  
Dates: 31<sup>ST</sup> October 2025 – 2<sup>nd</sup> November 2025 &  
7<sup>th</sup> November – 9<sup>th</sup> November 2025

All Teachers, Parents, Competitors and Spectators must comply with the Rules and Regulations including time limits of the Express Dance Challenge Competition and understand that there is no refund/credits or transfers on entries regardless of any reasons.

Any enquires can be sent to [expressdancechallenge@outlook.com.au](mailto:expressdancechallenge@outlook.com.au)

There will be 3 sessions each day. Dates and times may be varied (This is only approximate and may vary depending on entries).

Session 1 - 8.00am

Session 2 – 1.00pm

Session 3 – 6.00pm

- Competitor's age will be calculated as at 1st January 2025. Troupes will be placed in age category of the eldest dancer. Troupes must consist of 5 or more dancers.
- Sections and age groups may be combined at the discretion of Express Dance Challenge once entries have been received and processed.
- Only Competitors, Teachers and Officials are permitted side stage.
- Dressing room areas will be designated. Any excessive damages or mess left in dressing rooms will be invoiced a cleaning charge to teachers of schools involved.
- A canteen will be available for light refreshments.
- Competitors must perform choreography of the school that appears on the entry form, either by a teacher of that school or a routine purchased with permission from the teacher.
- A change/ stretch area will be available for participants.
- Photography & Videography is strictly prohibited during the performances. Failure to comply with this rule may result in the competitor being disqualified so please leave it to the professionals.

A Professional Photographer & Videographer will be present at the competition

Doors will open 45 minutes prior to the first performance.

No smoking is allowed on the entirety of the premises. If You wish to light up ensure you are outside of the school gates.

Express Dance Challenge and competition venue are not responsible for any lost property or injury to any persons attending the event.

Dancers perform at their own risk.

Published times are indicative only, please arrive 45mins – 1 hour prior to your section as we can run up to 1 hour ahead of schedule.

No photos or recording devices to be used in changerooms or auditorium.

By entering the competition, you are giving permission for your images to be used on social media. If you do not give permission please contact our office

Music and dance styles must be suitable for a family audience please, No profanity and must be age appropriate.

Payment can be made via electronic Transfer into the below account.

NAME: EXPRESS DANCE CHALLENGE  
BSB: 036-074  
ACCOUNT: 699779

**PLEASE DO NOT PAY YOUR ENTRIES UNLESS YOU HAVE RECEIVED CONFIRMATION THAT YOUR ENTRIES ARE SUCCESSFUL. YOU WILL BE ISSUED WITH AN INVOICE IF THEY ARE.**

We are limited with entries due to time and days once entries reach capacity entries will be closed and remaining entrants will be placed on a waitlist.

Entry Dates & times may be varied within reason by the competition officials.

Entries must be sent through to [expressdancechallenge@outlook.com.au](mailto:expressdancechallenge@outlook.com.au), and typed to ensure all spelling is correct and can be transferred into our documents to avoid errors.

Please email your remittance advice to confirm payment once you have received your confirmation.

Entries will only be accepted on the official forms (TYPED)

Entry packs Can be found on our website. Forms must be completed by a Teacher or Studio Owner, For independent entries, studio name must be completed on forms.

All fees from one studio should be covered by one payment. All entries must be typed (not hand written) on the official forms only and emailed to [expressdancechallenge@outlook.com.au](mailto:expressdancechallenge@outlook.com.au)

No refunds/credits or transfers on entries regardless of any so please do not ask.

Runsheets will be emailed out on or before the 13<sup>th</sup> October 2025.

This year in 2025 we are celebrating our 7<sup>th</sup> Season.

ALL MUSIC MUST BE SUBMITTED BY EMAIL BY NO LATER THAN 26<sup>th</sup> OCTOBER 2025.

Admission Tickets for Spectators is \$10 per day. These tickets can be purchased at the door

## ULTIMATE DANCER SECTION

Competitors can compete a routine that they have previously performed or can do a new one the judges have not seen.

The routine can be any Genre listed in our Sections offered section.

Dancers must Compete 3 qualified solos to be able to enter for ULTIMATE DANCER.

Dancers top 3 highest scores and championship score is combined to make our Ultimate Dancer.

Music can be submitted prior to the event with all other music submissions or it can be provided on a USB on the day ensuring it only has the 1 track on it.

## ULTIMATE VOCALIST SECTION

Vocalists can perform any routine of their choice so long as no profanity and is age appropriate.

To Enter the Ultimate Vocalist – Vocalists must have qualified in their vocal section at the Express Regional Competitions.

Music can be submitted prior to the event with all other music submissions or it can be provided on the day by USB ensuring it only has the 1 track on it.

### **ULTIMATE DANCER AGE BREAKDOWN**

#### **Minis**

6 Years & Under

#### **Petite**

8 Years & Under

#### **Junior**

10 years & Under

#### **Pre-Teen**

12 Years & Under

#### **Teen**

14 Years & Under

#### **Pre-Senior**

16 Years & Under

#### **Senior**

17 years & Over

#### **Adult**

21 Years & Over

### **ULTIMATE SINGER AGE BREAKDOWN**

#### **Petite**

8 Years & Under

#### **Junior**

12 years & Under

#### **Teen**

16 Years & Under

#### **Senior**

17 Years & Over

#### **Adult**

21 Years & Over

# GENERAL INFORMATION

## ENTRY FEES

Dancer Registration Fee \$45 per dancer  
(Includes digital program & Lanyard)

Solos	\$35 per solo routine
Duos	\$40 per routine
Trios	\$60 per routine
Quartets	\$80 per routine
Troupes	\$10 per dancer

<b>ULTIMATE DANCER</b>	\$60
<b>ULTIMATE VOCALIST</b>	\$60

(ALL PRICES ARE EXCLUSIVE OF GST)

## SECTIONS OFFERED

Jazz (Modern & Broadway  
Lyrical  
Contemporary  
Tap / Waltz Tap, Speed Tap, Slow Tap  
Hip Hop  
Musical Theatre  
Song & Dance / Song & Tap  
Classical Ballet  
Neo-Classical  
Demi-Character  
Acrobatics  
Own Choreography  
National  
Dance Ability

Sections may be combined depending on entries and at the discretion of the Express Dance Challenge organisers.

## AGE GROUPS

4 Years & Under  
6 Years & Under  
8 Years & Under  
10 Years & Under  
12 Years & Under  
14 Years & Under  
16 Years & Under  
Open Age  
Adult (25 Years & Over)  
Masters (35 Years & Over)

Age groups may be combined depending on entries and at the discretion of the Express Dance Challenge organisers.

## TIME LIMITS

4u - 6u Years & Under	Max 2.5 mins
8u - 12u Years & Under	Max 2.5 mins
14u - Masters	Max 3 mins
Troupes	Max 4 Mins

Song & Dance / Musical Theatre / Vocal Sections can be no longer than 4 mins

If large props are used please notify event coordinator at time of entry to allow time in schedule

## MUSIC REQUIREMENTS

We Support MP3, MP4, WAV, M4A files.  
All music must be emailed into [expressdancechallenge@outlook.com.au](mailto:expressdancechallenge@outlook.com.au)  
by no later than 18<sup>th</sup> October 2025

Please ensure you bring a spare USB as a back up incase something goes wrong with your emailed music.

Music to be emailed through labelled as below: E.G (Item 123, dancer 15, Competitor: Taniqua Buffon, Section: Jazz, Studio: EDPA)

MUSIC Clearly labelled:

123\_15\_TANIKUABUFFON\_JAZZ\_EDPA



## **SCHEDULE INFORMATION**

Dancers are expected to perform in the order of the schedule.

Unauthorised delays of the performance schedule will result in a 1-point deduction per judge and/or disqualification.

Performances not completed will receive a 1-point deduction per judge. Reperformances that are not the result of a technical failure will be adjudicated at the discretion of the adjudicator to critique only or to allow score.

All other competing dancers must be ready to perform 45 mins prior to their first scheduled performance time.

If the competition is running ahead of schedule, dancers are expected to perform in order of the program and/or when called backstage. It is your responsibility to ensure you are aware of your performance schedule and times and no responsibility will be taken for a missed event.

## **PROPS AND SETUP GUIDELINES**

All performances are expected to set-up props in 30 seconds and remove props in 30 seconds.

If prop set-up/removal exceeds these time limits, performances may be subject to a point deduction.

Any act that uses a substance that is not permitted and creates a safety hazard on the floor may result in a point deduction and/or disqualification.

Props are acceptable if they do not alter the surface of the floor and can be easily removed following the completion of the performance. No props are to remain side stage.

A point deduction may result if the stage is not completely cleaned in 30 seconds or less and/or the stage is not returned to its original pre-performance condition.

When sliding props or moving scenery, do not damage the dance floor. If the floor is damaged beyond repair, the studio owner/director will be responsible for its replacement. Props must be loaded in and out of the venue on the same day they are used. Storing props in the wings or backstage is not allowed. The event organisers will not be responsible for props left overnight or unattended. Props for troupes must be able to be setup by teachers/students

## **PERFORMANCE SCORES**

Contestants will be judged by the selected 1 or 2 adjudicators, which in the case of 2 the combined score of the adjudicators will be the final placing of the sections. All entrants agree that all decisions of the judges are final.

The adjudicators are NOT to be approached by any teacher, competitor or relative of a competitor under any circumstances. This can result in disqualification.

All score sheets & voice critiques will be available at completion of sections from the  
TROPHY TABLE

Voice Critiques will be available otherwise in the case that they are not offered written critiques will be given.

Trophies will be awarded to 1st, 2nd & 3rd (4th if section has more than 10 entrants or at the discretion of the adjudicators) Honourable mentions and Special Mention Medals will also be handed out. All performers will receive an award. Troupes will receive a trophy for the dance school and each performer will receive a medallion with their placing.

Ultimate Dancers Sections, Champions will be awarded a Tiara, Sash, Trophy & Prize Money, All Ultimate Dancer / Vocalist Contestants will receive an Exceptional Award

## **RESPONSIBILITY & RESPECT**

Any teachers, dancers, parents or spectators engaging in irresponsible or disrespectful behaviours may be asked to leave the event or risk their child / student being disqualified.

Please follow appropriate auditorium etiquette.

As the venue allows entry into audience area at all times, please be courteous of the performers on stage, exit and enter into the seating area between routines, not during a performance.

Please be respectful of one another, performers must feel safe. All teachers, dancers, parents and spectators must demonstrate good sportsmanship at all times.

It is important to set standards for acceptable, age appropriate performances where children can feel safe to perform without the risk of exploitation.

In the interest of competitors safety, teachers must ensure competitors are capable of performing any tricks, or skills within their routines.



Music must be age appropriate and edited to exclude profanity and inappropriate lyrics.

Please ensure that you encourage children to participate for their own interest and enjoyment.

Teach your students that trying your best is just as important as a victory.

Parents & Teachers, please lead by example applaud and support all dancers who compete on stage.

Do not criticise your child or any other child in front of others.

Show appreciation for all volunteers and staff at the competition.

Please keep children in eyes view at all times.

Respect the facility and leave all areas in a clean and tidy state.

The possession or consumption of illicit, non-prescribed drugs is not acceptable at any time. If a parent, volunteer, student or employee arrives to the Express Dance Challenge under the influence, or impaired by the effected of non-prescribed drugs they will be asked to leave.

The consumption of alcohol is prohibited at the Express Dance Challenge Competition.

Zero Tolerance for bullying -Disciplinary action may take place if bullying behaviour occurs, this can include but is not limited to

- Verbal OR Physical abuse or shouting
- Excluding or isolating a person
- Psychological harassment
- Humiliating a person through sarcasm, insults, criticism (including through social media)
- Belittling a person on their personal contribution or opinions

**WE LOOK FORWARD TO SEEING YOU IN OUR NATIONAL CHAMPIONSHIPS FOR SEASON 6**

**WHO WILL BE OUR ULTIMATE PERFORMER FOR 2025??**